

FAMILY SUPPORT RESOURCES



Within the communities we call home, families embark on uniquely personal journeys, each with its own triumphs and trials. This guide is more than just a warm welcome; it's a comprehensive compass, offering hope and a wealth of local family support services. Whether you're seeking a close-knit community, advice on childcare and child-rearing, assistance with elderly loved ones, or any other form of family support, we're here to guide you.

We understand the importance of having access to various resources in the local area. That's why we strive to create a detailed and inclusive map of all the excellent resources available in the community. Our efforts can be a helpful tool for those looking to explore and discover the diverse opportunities in their area. From parenting classes and counseling to senior care services and community groups, this guide celebrates the multifaceted nature of family life. We're dedicated to offering both kindness and the practical support you need to navigate the intricate and beautiful journey of family living, tailoring our guidance to your family's unique needs.

We invite you to explore the resources in this guide at your own pace, seeking the support and knowledge that resonate with you. If you have any questions or concerns about an agency listed in this guide, please do not hesitate to contact our offices at 225-342-1570 for more information.

Health & Happiness,



A CALL TO MEN

[Click here for website](#)

We work to transform society by promoting healthy, respectful manhood and offering trainings and educational resources for companies, government agencies, schools, and community groups. At the core of all our education and programming is our signature analysis on the collective socialization of manhood — the Man Box — and our community organizing model for promoting healthy manhood. Our work is rooted in our seven core principles, which include centering marginalized voices and addressing intersectional oppression.

AL-ANON FAMILY GROUPS

[Click here for website](#) [Find a meeting near you](#)

Al-Anon members are people, just like you, who are worried about someone with a drinking problem. Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

CANE RIVER CHILDREN'S SERVICES

[Click here for website](#) Phone: 318-352-9349

Cane River Children's Services provides healing and hope for children and families with mental health and behavioral health needs by using therapeutic supports to help people fulfill their potential and build healthier family systems

CHILDREN'S COALITION FOR NORTHEAST LOUISIANA

[Click here for website](#) Phone: 318-323-8775

The Children's Coalition for Northeast Louisiana is dedicated to creating communities where children and families thrive. We address the needs of children and youth ages 0-18 in four main areas: Early Care and Education, Healthy Living, Parent Education and Youth Development.

CLOVER

[Click here for website](#) Phone: 504-523-6221

While the needs of the community have changed over the years, we have retained our fundamental mission to educate children, strengthen families and build community. We are proud of our rich history of helping to improve the lives of families in the community, whether helping immigrants settle in New Orleans during the end of the 19th century, providing children and families with educational, developmental and recreational opportunities throughout the 20th century, or helping residents resettle and recover after Hurricane Katrina.

AGING IN PLACE

[Click here for website](#)

AgingInPlace.org provides free online resources for all aspects of aging at home. Our mission is to connect older adults and their loved ones with the right tools to make remaining in their homes and communities a reality. We're an extension of your community as you prepare for this next step.

BOYS TOWN

24/7 Crisis Line: 800-448-3000

[Click here for website](#)

Regardless of a person's background, race, or religion, Boys Town believes that everyone deserves the chance to reach their full potential. We don't give up on kids and are committed to helping those who have failed in other systems. We do this by working to keep children and families safe, in their homes, in school, and out of the system. We give them the second chances they deserve. And we see the success of this work every day. At Boys Town, we provide an array of life-changing youth care and health care services that meet each child and family exactly where they are so they get the right kind of care, at the right time, in the right way. Whether caring for a child in crisis, treating complex health care conditions or helping families find the parenting resources they need, Boys Town is here for you and your family with expert, compassionate care and a proven track record of helping children and families heal and grow in mind, body and spirit.

CHILDCARE ASSISTANCE PROGRAM

[Click here for website](#) Phone: 1-877-453-2721

To support all families in accessing high quality child care, the Child Care Assistance Program (CCAP) provides financial assistance to low-income families while they are working or attending school.

CHILDREN'S BUREAU NOLA

[Click here for website](#) Phone: 504-525-2366

The Children's Bureau of New Orleans promotes growth and resilience through prevention, advocacy, education and intervention. Our mission is to improve the quality of life for children and families in greater New Orleans through valid and proven programs that enhance and strengthen mental health and wellness.

ELDERCARE LOCATOR

[Click here for website](#) Phone: 1-800-677-1116

The Eldercare Locator is a nationwide service that connects older Americans and their caregivers with trustworthy local support resources. Since 1991, the Eldercare Locator has been linking those who need assistance with state and local agencies on aging, as well as community-based organizations that serve older adults and their caregivers. Whether help is needed with services such as meals, home care or transportation, or a caregiver needs training and education or a well-deserved break from caregiving responsibilities, the Eldercare Locator is there to point that person in the right direction.

THE FAMILY TREE ACADIANA

[Click here for website](#) Phone: 337-981-2180

Strengthening families in order to build a stronger community was one of The Family Tree's initial goals. Community Education has continued to be a core service offered to parents and individuals. We now offer various additional programs that offer specialized services to specific groups of people, and we continue being a source of hope and guidance to families. As a community-based agency, we provide professional, yet affordable or no-cost services to the Acadiana region. Our programs support parents and individuals through various stages of their lives to result in better mental health, coping skills, stronger family systems and supports.

FAMILY AND YOUTH SERVICE CENTER

[Click here for website](#) Phone: 225-239-7800

FYSC works with the community to provide health, education, and human services supporting children and families in their progress toward success in school. FYSC has 12 agencies and programs that work together to identify obstacles that interfere with a child achieving his or her greatest potential. The mission of the Family and Youth Service Center (FYSC) is to identify children who have exhibited truant tendencies, assess the causal problems for those tendencies, and provide access to services for children and their families to eliminate causal problems. Within FYSC, multiple organizations have a staff presence and extend their services or make appropriate referrals. The staff partners from various programs work together to attain the best solutions for the family's need.

GEAUX 4 KIDS

[Click here for website](#) Phone: 318-368-1142

Geaux 4 Kids, Inc. is an advocate for children in crisis going into emergency foster care situations and provides support for their well-being, while aiding the foster parents in the transition. This is done through various projects and collaborations. Project Geaux Bags provides a bag of clothing, essentials and a comfort item for a foster child during the emergency transition when they are removed from their home and taken into protective custody. A licensed state social worker delivers the Geaux Bag with the child to the foster home.

GOVERNOR'S OFFICE OF ELDERLY AFFAIRS (GOEA)

[Click here for website](#) Phone: 225-342-7100

GOEA developed an extensive network of quasi-governmental agencies recognized as the Aging Service Network. GOEA also networks with local community service organizations, volunteers, and a wide variety, programs and services dedicated to supporting its mission.

FAMILY AND YOUTH COUNSELING AGENCY

[Click here for website](#) Phone: 337-436-9533

Family & Youth Counseling Agency (Family & Youth), an award winning organization, was established as a nonprofit organization in 1970. It is our mission to provide affordable and professional support through programs and services dedicated to advocacy, counseling and education for the people of Southwest Louisiana and in communities we are called to serve. It is the belief of Family & Youth that all individuals possess the ability to solve their own challenges and live full and healthy lives when support is available.

GRANDPARENTS RAISING GRANDCHILDREN INFORMATION CENTER OF LOUISIANA

[Click here for website](#) Phone: 225-810-3555

The Grandparents Raising Grandchildren Information Center of Louisiana is an organization dedicated to offering both information and support to kinship caregivers and their families. When you find yourself in a circumstance that requires kinship care, our information center can help. We have acquired audio tapes, video tapes, books, and referral sources that you may find valuable. Also, we provided access to expert advice on legal matters such as custody laws, the establishment of legal guardianship, and adoption. Our organization values guidance and support. In monthly discussion sessions, grandparents and caregivers alike can share their experiences. There is also opportunity to obtain guidance from others who have found themselves in similar situations.

GULF COAST SOCIAL SERVICES

[Click here for website](#) Phone: 1-800-759-2975

Alexandria Office: 318-448-1801

Baton Rouge Office: 225-201-0696

Houma Office: 985-851-4488

Lafayette Office: 337-269-1165

Lake Charles Office: 337-436-6622

New Orleans Office: 504-831-6562

Northshore Office: 985-542-1191

Gulf Coast Social Services was formed to serve the most vulnerable people in South and Central Louisiana. Our family of experienced, compassionate service providers is the heartbeat of our state-licensed, non-profit organization. We've never lost sight of our commitment to providing the highest quality in-home care for those who need us most. We empower people with mental, physical, behavioral, and other challenges to improve the quality of their lives and to live as independently as possible in the community. We are dedicated to providing the people we serve with individualized care, enabling them to live as independently as possible in their communities.

INTERNET TECHNOLOGY ADDICTS ANONYMOUS (ITAA)

[Click here for website](#)

ITAA is a Twelve-Step fellowship of individuals who support each other in recovering from internet and technology addiction. This includes addiction to social media, smartphones, streaming video or audio content, games, news, pornography, dating apps, online research, online shopping, or any other digital activity that becomes compulsive and problematic.

LA CAFE

[Click here for website](#)

Online portal for state assistance programs – Supplemental Nutrition Assistance Program (SNAP), Family Independence Temporary Assistance Program (FITAP), Kinship Care Subsidy Program (KCSP), Child Support Enforcement Services, Louisiana Combined Application Project (LaCAP), Disaster Supplemental Nutrition Assistance Program (DSNAP), and Pandemic Electronic Benefits Transfer (P-EBT)

LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES

[Click here for website](#) Phone: 318-255-5020

We are statewide nonprofit providing services to Louisiana's children and families in need. Our primary services include: Psychiatric Residential Treatment Facilities, Statewide Therapeutic Foster Care, Louisiana Foster Care Support Organization, Family Counseling Center, and Equine Therapy.

MEN STOPPING VIOLENCE

[Click here for website](#)

Men Stopping Violence is breaking the harmful societal norms surrounding interpersonal behaviors and mental health among men and boys while creating safe spaces for underserved populations through advocacy, education, and increased community engagement. We believe that the personal and societal change of men who use violence and the institutions that support their abuse starts with us. We offer a wide variety of classes to educate, change behavior, and increase advocacy.

MUSICARES

[Click here for website](#) Phone: 800-687-4227

Email: MusiCaresRelief@musicares.org

MusiCares helps the humans behind music because music gives so much to the world. MusiCares provides a safety net of critical health and welfare services to the music community in three key areas: Mental Health & Addiction Recovery Services, Health Services, and Human Services.

JEWISH FAMILY SERVICE OF GREATER NEW ORLEANS (JFS)

[Click here for website](#) Phone: 504-831-8475

JFS now serves individuals and families in the Greater New Orleans area, regardless of race, religion, disability, gender, or sexual orientation. JFS helps the community strengthen the family and the individual to reach their full potential through various programs and services including: providing individual and group counseling, educating our young people about depression and suicide prevention, promoting independence for the elderly, providing holistic assistance via case management, and assisting in adoptions. We offer counseling services to anyone ages 5 and up. Services can be offered both in person and via telehealth. We accept most private insurances, Medicaid, Medicare, Tricare, and Gilsbar. We also offer a sliding scale based on income with masters level interns.

LEAN IN

[Click here for website](#) [Find a Circle](#)

Lean In helps women achieve their ambitions and helps companies build inclusive workplaces where women of all identities are supported and empowered. We give women the support and skills to navigate bias and lean into their strengths, and we give companies the tools to ensure women have equal opportunities to advance and feel valued in their workplace. We advocate for better public policies and a more equitable workplace, because to make lasting change, we need institutional change. We run programs to combat bias, because changing the trajectory of women and girls means changing how we think about gender. We help women achieve their ambitions and work to create an equal world.

MACARONI KID

[Click here for website](#) [Find Your Town](#)

Each Macaroni KID community is managed by a local publisher who publishes weekly, hyper-local e-newsletters and websites featuring events, activities, products and places for parents, kids and families. They host local events and parties and connect with their communities via social media. They enrich communities by connecting the libraries, schools, rec centers, community centers and all of the wonderful organizations and businesses that create programming and fun for kids and families with local families.

NATIONAL ADULT PROTECTIVE SERVICES ASSOCIATION (NAPSA)

[Click here for website](#) Phone: 202-370-6292

NAPSA is a national non-profit organization with the goal to provide Adult Protective Services (APS) programs a forum for sharing information, solving problems, and improving the quality of services for victims of elder and vulnerable adult mistreatment. NAPSA's mission is to strengthen the capacity of APS at the national, state, and local levels, to recognize, report, and respond to the needs of elders and adults with disabilities who are the victims of abuse, neglect, or exploitation, and to effectively and efficiently prevent such abuse whenever possible.

NATIONAL CLEARINGHOUSE ON ABUSE IN LATER LIFE (NCALL)

[Click here for website](#) Phone: 608-255-0539

NCALL is committed to creating a world that respects the dignity of older adults and enhances the safety and quality of life of older victims and survivors of abuse. What we do: Promote victim-defined advocacy and services for older survivors. Foster coordinated community response teams by offering training and technical assistance. Advocate for elder justice by providing information on legal remedies and resources to enhance victim safety. Raise awareness of abuse in later life and elder abuse by creating outreach materials and engaging in various methods to heighten the visibility of older survivors. Engage in policy development. Partner with organizations to promote respect and dignity across the lifespan and to confront ageist social norms.

THE P.A.C.T. PLACE

[Click here for website](#) Phone: 985-532-4390

The P.A.C.T. Place offers supervised visitation and monitored exchanges for families with a history of or potential for domestic violence, dating violence, child abuse, sexual assault, or stalking. "P.A.C.T." stands for "Parents and Children Together," and our mission is to provide a safe, secure, and supportive environment for supervised visitation and monitored exchanges to occur in an effort to prevent further impact of domestic violence on children and their abused parent.

REDSTICK C.A.R.E.S.

[Click here for website](#) Phone: 225-351-2273

Redstick C.A.R.E.S. is an organization committed to building a resilient community in greater Baton Rouge and the surrounding nine parishes by improving the community's behavioral, mental and social health through human connection. We do this by providing counseling and therapy, programs for people with special needs, disabilities, and/or who may be on the autism spectrum, educational and skill building activities, support groups, school system advocacy, and a dedicated CARES phone line to connect those in need to our programs and resources.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION - BATON ROUGE

[Click here for website](#) Phone: 225-383-0681

The YWCA has historically worked to ensure that women and children from low-wealth and economically challenged communities have better access to economic opportunity through programs designed to provide affordable childcare, address the spread of HIV/AIDS, prevent teen pregnancy and train women for a competitive workforce. Through collaborative relationships with local businesses, public and private organizations, as well as local municipalities, we have been a collaborative leader in building community and providing opportunities for families.

NATIONAL CENTER ON ELDER ABUSE

[Click here for website](#) Phone: 1-855-500-3537

The NCEA provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public. To carry out its mission, the NCEA disseminates elder abuse information to professionals and the public, also provides technical assistance and training to states and community-based organizations. The NCEA: makes news and resources available on-line and an easy-to-use format; collaborates on research; provides training; identifies and provides information about promising practices and interventions; operates a listserv forum for professionals; and provides subject matter expertise on program development.

PROTECT

[Click here for website](#) Phone: 318-626-3737

Provide Resources & Outreach Tools for Every Child & Teen: A hospital violence intervention program for pediatric victims. PROTECT is a hospital violence intervention program for victims who are 17 years of age and under. We work with victims, alongside their families, while they are being treated for firearm related injuries. We take a public health approach to violent injury by providing internal and external support with the goal of reducing risk factors associated with violent injuries.

TRAINING, EDUCATION, AND MEDIATION FOR STUDENTS (TEAMS)

[Click here for website](#) Phone: 318-703-4315

TEAMS is a non-profit organization that advocates for children with special learning needs in the school system. TEAMS empowers and trains parents and professionals to navigate the school system's education. TEAMS helps to unify home, school, and community, by building a strong foundation for tomorrow. If you need education advocacy and TEAMS doesn't serve your area, please feel free to contact our office; we can still help.

THAT'S NOT COOL

[Click here for website](#)

That's Not Cool is an award-winning national public education initiative that partners with young people to help raise awareness and bring educational and organizing tools to communities to address dating violence, unhealthy relationships, and digital abuse. The program's interactive website, tools, and resources support young people as they learn to recognize, avoid, and prevent dating violence in their lives. The program is built on the belief that young people must lead the way in creating change online, in their schools, and in their communities. That's Not Cool works to lift the voices of the most silenced and marginalized communities of young people including LGBTQI youth, Native youth, youth living with disabilities, and youth of color. Our work provides youth leaders with the tools, training, and support they need to bring localized violence prevention public education campaigns to their communities. That's Not Cool also provides tools, resources, and technical assistance to adult allies working with youth leaders or young people experiencing dating violence.

YOUTHLINE

[Click here for website](#) YouthLine: 877-968-8491

Text teen2teen to 839863

YouthLine is a teen-to-teen youth crisis and support service provided by Lines for Life—a non-profit dedicated to preventing substance abuse and suicide. YouthLine operates a national helpline that provides crisis support and referrals via call, text, and chat. The YouthLine is answered by teen volunteers daily from 4pm-10pm PST (and by adults at all other times!). Translation services are available upon request. YouthLine also operates a peer-supported outreach program to destigmatize mental health challenges, increase awareness for mental health and wellness, and encourage youth to reach out for help. YouthLine's helpline and outreach programs are supported by our youth development program, which builds skills and confidence around mental health and wellness.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION - BATON ROUGE

[Click here for website](#) Phone: 225-383-0681

The YWCA has historically worked to ensure that women and children from low-wealth and economically challenged communities have better access to economic opportunity through programs designed to provide affordable childcare, address the spread of HIV/AIDS, prevent teen pregnancy and train women for a competitive workforce. Through collaborative relationships with local businesses, public and private organizations, as well as local municipalities, we have been a collaborative leader in building community and providing opportunities for families.

YOUTH SERVICES BUREAU

[Click here for website](#)

Bogalusa Phone: 985-735-1687

Covington Phone: 985-893-2570

Franklinton Phone: 985-893-4090

Slidell Phone: 985-643-5746

Our staff and volunteers encourage the families that we serve to develop sustainable practices that lead to long term success.

We guide families to make decisions that lead to safe environments, stable educational experiences, and appropriate social behaviors. We redirect juveniles towards sound decisions and equip them with skills that prepare them to develop as responsible adults in our 21st century world. We educate families so that we may help them reach their full potential. Through our actions, our purpose is clear: we work every day to elevate our community by focusing on the great potential of every family.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION - NORTHWEST LA

[Click here for website](#) Phone: 318-550-4417

The YWCA is on a mission to eliminate racism and empower women by providing vital programs for the northwest Louisiana community. Located at the YWCA Women's Resource Center in Shreveport, these programs include trauma counseling, victim assistance, teen empowerment, economic empowerment, parenting and racial justice.